



Circle of Friends
349 Travis Blvd, Fairfield, CA, 94533
(707)673-2838



JUNE 2016 PTSD AWARENESS MONTH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CLOSED			1	2	3	4
			8:00 -Java Talk 8:30 -NA Book Study 9:00 -Spirituality 10:00 -Morning Meeting -Patient Rights Adv 10:30 -Health & Fitness -Meditation 11:00 -Art -WRAP -Relapse Prevention 12:00 -Lunch 12:45 -Basic Guitar 1:00 --Basic Computer Skills 1:00 -Women's Group 2:00 -Consumer Choice	8:00 -Java Talk 8:30 -NA Book Study 9:00 -Spirituality 10:00 -Morning Meeting 10:30 -Health & Fitness -Journal Class -Meditation -Men's Group 11:00** --Relapse Prevention -Employment Workshop 12:00 -Lunch 12:20 -Anger Management 1:00 --Basic Computer Skills training 1:30 -Spanish 2:00 -Consumer Choice	Fun Friday 8:00 -Java Talk 8:30 -NA Book Study 9:00 -Spirituality 10:00 -Morning Meeting 10:30 -Health & Fitness -Journal Class -Meditation 11:00 -Life Skills 12:00 -Lunch 12:20 -DRA 1:00 --Basic Computer Skills training 1:00 -Symptom Management 2:00 -Consumer Choice	CENTER OPEN FROM 8 AM-12 PM NAMI Connect

5	6	7	8	9	10	11
<p>CLOSED</p>	<p>8:00 -Java Talk 8:30 -NA Book Study 9:00 -Spirituality 10:00 -Morning Meeting 10:30 -Health & Fitness -Meditation -AA meeting -Basic PC Class 11:00 -Life Skills -Art -WRAP 12:00 -Lunch 12:20 -Anger Management 1:00 -Basic Computer Skills -Life Skills 2:00 -Consumer Choice</p>	<p>8:00 -Java Talk 8:30 -NA Book Study -Leadership Meeting 9:00 -Spirituality 10:00 Morning Meeting 10:30 -Senior Support Group -Health & Fitness 11:00 -Employment Workshop -Relapse Prevention 12:00 -Wellness Recovery 12:00 -Lunch 12:20 -Anger Management 1:00 -Hygiene --Basic Computer Skills training 2:00 -Consumer Choice</p>	<p>8:00 -Java Talk 8:30 -NA Book Study 9:00 -Spirituality 10:00 -Morning Meeting 10:30 -Health & Fitness -Meditation 11:00 -Nutrition Workshop -Art -WRAP -Relapse Prevention 12:00 -Lunch 12:45 -Basic Guitar 1:00 --Basic Computer Skills 1:00 -Women's Group 2:00 -Consumer Choice</p>	<p>8:00 -Java Talk 8:30 -NA Book Study 9:00 -Spirituality 10:00 -Morning Meeting 10:30 -Health & Fitness -Journal Class -Meditation -Men's Group 11:00 --Relapse Prevention -Employment Workshop 12:00 -Lunch 1:00 --Basic Computer Skills training 1:30 -Spanish 2:00 -Consumer Choice</p>	<p>Fun Friday</p> <p>8:00 -Java Talk 8:30 -NA Book Study 9:00 -Spirituality 10:00 -Morning Meeting 10:30 -Health & Fitness -Meditation 11:00 -DRA -Life Skills 12:00 -Lunch 1:00 --Basic Computer Skills training 1:00 -Symptom Management 2:00 -Consumer Choice</p>	<p>CLOSED</p>

12	13	14	15	16	17	18
<p>CLOSED</p>	<p>8:00 -Java Talk 8:30 -NA Book Study 9:00 -Spirituality 10:00 -Morning Meeting 10:30 -Health & Fitness -Meditation -AA meeting -Basic PC Class 11:00 -Life Skills -Art -WRAP 12:00 -Lunch 12:20 -Anger Management 1:00 -Basic Computer Skills -Life Skills 2:00 -Consumer Choice</p>	<p>8:00 -Java Talk 8:30 -NA Book Study -Leadership Meeting 9:00 -Spirituality 10:00 Morning Meeting 10:30 -Senior Support Group -Health & Fitness 11:00 -Employment Workshop -Relapse Prevention -Wellness Recovery 12:00 -Lunch 12:20 -Anger Management 1:00 -Hygiene --Basic Computer Skills training 2:00 -Consumer Choice</p>	<p>8:00 -Java Talk 8:30 -NA Book Study 9:00 -Spirituality 10:00 -Morning Meeting -Patient Rights Adv 10:30 -Health & Fitness -Meditation 11:00 -Art -WRAP -Relapse Prevention 12:00 -Lunch 12:45 -Basic Guitar 1:00 --Basic Computer Skills 1:00 -Women's Group 2:00 -Consumer Choice</p>	<p>8:00 -Java Talk 8:30 -NA Book Study 9:00 -Spirituality 10:00 -Morning Meeting 10:30 -Health & Fitness -Journal Class -Men's Group 11:00 --Relapse Prevention -Employment Workshop 12:00 -Lunch 1:00 -Basic Computer Skills training 1:30 -Spanish 2:00 -Consumer Choice</p>	<p>Fun Friday 8:00 -Java Talk 8:30 -NA Book Study 9:00 -Spirituality 10:00 -Morning Meeting 10:30 -Health & Fitness -Meditation 11:00 -Life Skills 12:00 -Lunch 12:20 -DRA 1:00 --Basic Computer Skills training 1:00 -Symptom Management 2:00 -Consumer Choice</p> <p><u>SOCK IT TO DAD DAY!!!</u></p>	<p>CENTER OPEN FROM 8 AM-12 PM</p> <p>NAMI Connect</p>

19	20	21	22	23	24	25
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	26	27	28	29	30			
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If you know of anyone interested in receiving our calendar or newsletter, please email us at Power2Empower.CircleofFriends@gmail.com